



Rules for Court-Administered Alcohol and Drug Programs

Section 31. Substance Abuse Education Standards

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- (c) Except as provided in subsection (d), for each substance abuse education course a program offers, the program must do each the following:
- (1) Have a written curriculum that includes:
 - (A) a course syllabus that provides detailed course information;
 - (B) course lesson plans or lesson outlines;
 - (C) a list of supporting materials including handouts, videos, class exercises, individual or group activities, and other materials as appropriate;
 - (D) general references; and
 - (E) research references.
 - (2) Submit the curriculum to the Indiana Judicial Center for evaluation and approval.
 - (3) Maintain a copy of the Indiana Judicial Center's approval with the course curriculum.
- (d) The Indiana Judicial Center will provide programs with a list of approved substance abuse education courses upon request. If a program intends to offer a course from this list, the program is not required to follow the steps required under subsection (c). Instead the program must notify the Indiana Judicial Center of the approved curriculum it will offer and the Indiana Judicial Center will provide the program with a copy of the appropriate approval.
- (e) Whenever the Indiana Judicial Center denies a program's request for approval of a substance abuse education course curriculum under subsection (c), the Indiana Judicial Center must provide a notice to the program that includes each of the following:
- (1) A brief statement explaining the reasons for the denial.
 - (2) A statement that the decision to deny approval of the curriculum will become final unless the program submits written objections following the procedure outlined in section 10.
 - (2) A statement informing the program that it may request a hearing on the issues as described in sections 10 and 14.
- (f) The following three (3) substance abuse education courses are authorized for court alcohol and drug program clients:
- (1) Substance Abuse Information. A course that provides clients with at least eight (8) hours of information on substance abuse issues.
 - (2) Basic Substance Abuse Education. A course that includes at least ten (10) hours of cognitive-based substance abuse education that:
 - (A) is documented by research; and
 - (B) contains a substance abuse self-assessment module.
 - (3) Advanced Substance Abuse Education. A course that includes at least twenty (20) hours of cognitive-based substance abuse education that:

- (A) is documented by research;
- (B) contains a substance abuse self-assessment module; and
- (C) is designed primarily for substance abusers with some symptoms indicating a progression toward dependence.

Commentary on Section 31(f). Based upon the assessment, substance abuse information may be appropriate for certain court alcohol and drug program clients. However, substance abuse education is different in that it examines and challenges the thought process of offenders and concentrates on behavior modification, including identifying the actions the client would need to take to prevent recidivating. Substance abuse education also provides the client with an opportunity for a substance abuse self-assessment. The twenty (20) hour substance abuse education course is specifically structured and designed for those clients who have been identified, through the assessment process as needing a course of instruction that is designed primarily for substance abusers with some symptoms indicating a progression toward dependence. Cognitive-based education approaches in the substance abuse field are characterized by the following:

- 1. Collaboration between instructor and clients to build trust.*
- 2. Active client participation.*
- 3. Self-guided discovery and empirical testing of beliefs.*
- 4. Highly structured and focused content.*
- 5. Concrete problem-solving techniques for alcohol or drug problems.*